



IMPORTANT NOTICE OF HEALTH REQUIREMENTS FOR SIXTH GRADE STUDENTS

ALL HEALTH REQUIREMENTS DUE JULY 30

The State of Illinois and Palos Consolidated School District 118 **require** that each student **provide proof** of having met the following health requirements for school:

1. **EVIDENCE OF A PHYSICAL EXAMINATION** by a State Licensed Health Care Provider (using the “Certificate of Child Health Examination” form) within one year of entering school.
2. **MEDICAL VERIFICATION OF COMPLETE IMMUNIZATION HISTORY**, which states month, day, year, and signature of the doctor or nurse for each immunization below.
 - a. DTP/DTaP: At least 4 doses (Note: Last dose MUST BE A BOOSTER ON OR AFTER THE 4th BIRTHDAY)
 - b. Tdap: 1 dose required at age 11 years or older.
 - c. POLIO: At least 3 doses (Note: Last dose MUST BE A BOOSTER ON OR AFTER THE 4th BIRTHDAY)
 - d. HEPATITIS B: A series of three doses
 - e. VARICELLA: One dose on or after 12 months of age and the second dose no sooner than one month later (may have laboratory proof or verification of disease by Health Care Provider)
 - f. MEASLES: The first dose after 12 months of age and the second dose no sooner than one month later (may have laboratory proof or verification of disease by Health Care Provider)
 - g. MUMPS: One dose on or after 12 months of age and the second dose no sooner than one month later (may have laboratory proof or verification of disease by Health Care Provider)
 - h. RUBELLA: One dose on or after 12 months of age and the second dose no sooner than one month later (may have laboratory proof)
 - i. MENINGOCOCCAL: One dose of meningococcal conjugate vaccine (MCV) at age 11 years or older.
3. **MEDICAL VERIFICATION OF DIABETES SCREENING IS REQUIRED.**
4. **APPROVAL OF PARTICIPATION IN PHYSICAL EDUCATION AND INTERSCHOLASTIC SPORTS** near the bottom of the back page must be checked by the health care provider with modifications, if needed.
5. **HEALTH HISTORY on the back** to be completed and signed by a parent/guardian and verified by the health care provider.
6. If health requirements are not turned in by the first day of school, child will be excluded from school attendance.

Please be sure that the physical form is completed entirely BEFORE you leave the doctor’s office.

7. **COMPLETED DENTAL EXAMINATION** due by May 15th of the school year.
8. A yearly vision examination is recommended.

Charting the Course for the Future