

SPORTS PROGRAMS

LITTLE SWINGERS T-BALL

Kids will learn base running, hitting, catching, throwing, and the overall concept of how the game is played. It is encouraged to sign your child up for both days to help reinforce skills. Child must bring his/her own glove.

Sportsplex-Soccer N | \$49 (R)/\$62 (NR)/\$44 (M)

Session 1-Jan 11-Mar 3

Program #90073 | Mon, 11:15 AM-12:00 PM | Ages 3 to 4 | Level I

Program #90074 | Mon, 12:15 PM-1:00 PM | Ages 3 to 6 | Level I

Program #90075 | Mon, 1:15 PM-2:00 PM | Ages 3 to 6 | Level II

Program #90080 | Wed, 11:15 AM-12:00 PM | Ages 3 to 4 | Level I

Program #90081 | Wed, 12:15 PM-1:00 PM | Ages 3 to 6 | Level I

Program #90082 | Wed, 1:15 PM-2:00 PM | Ages 3 to 6 | Level II

Session 2-Mar 29-May 19

Program #90084 | Mon, 11:15 AM-12:00 PM | Ages 3 to 4 | Level I

Program #90085 | Mon, 12:15 PM-1:00 PM | Ages 3 to 6 | Level I

Program #90086 | Mon, 1:15 PM-2:00 PM | Ages 3 to 6 | Level II

Program #90087 | Wed, 11:15 AM-12:00 PM | Ages 3 to 4 | Level I

Program #90088 | Wed, 12:15 PM-1:00 PM | Ages 3 to 6 | Level I

Program #90089 | Wed, 1:15 PM-2:00 PM | Ages 3 to 6 | Level II

ULTIMATE VOLLEYBALL CLASSES Wednesday | Sportsplex—Gym 3

SPIKER TYKES VOLLEYBALL

Everyone moves, everyone plays, and everyone has fun while learning to keep the ball in the air! Kindergarten and Pre-K girls and boys use soft no-sting balls and balloons to learn the basic skills of volleyball on a smaller court and lower net. Participants also learn to cooperate with teammates and try new forms of movement.

3:00 PM-3:45 PM | Ages: 3 to 5 | \$50(R)/\$63(NR)

Program #90107 | Jan 13-Feb 17

Program #90108 | Mar 31-May 5

LITTLE SPIKERS VOLLEYBALL

Basic fundamentals are taught in a fun setting that emphasizes movement and motor skills. Hand-eye coordination is also enhanced through drills and game play. A special lightweight ball, lower nets, and smaller court are used for this class offered to both boys and girls.

3:45 PM-4:45 PM | Grades: 1st to 3rd | \$66(R)/\$83(NR)

Program #90109 | Jan 13-Feb 17

Program #90110 | Mar 31-May 5

ULTIMATE VOLLEYBALL-ALL SKILLS I

Players learn passing, setting, attacking, serving, blocking, footwork and the rules of the game through drills and match play. Fundamental skills are broken down into simple steps and reinforced through demonstration and cue words. This class is offered to beginner and intermediate level boys and girls.

4:45 PM-6:00 PM | Grades: 4th to 6th | \$73(R)/\$92(NR)

Program #90111 | Jan 13-Feb 17

Program #90112 | Mar 31-May 5

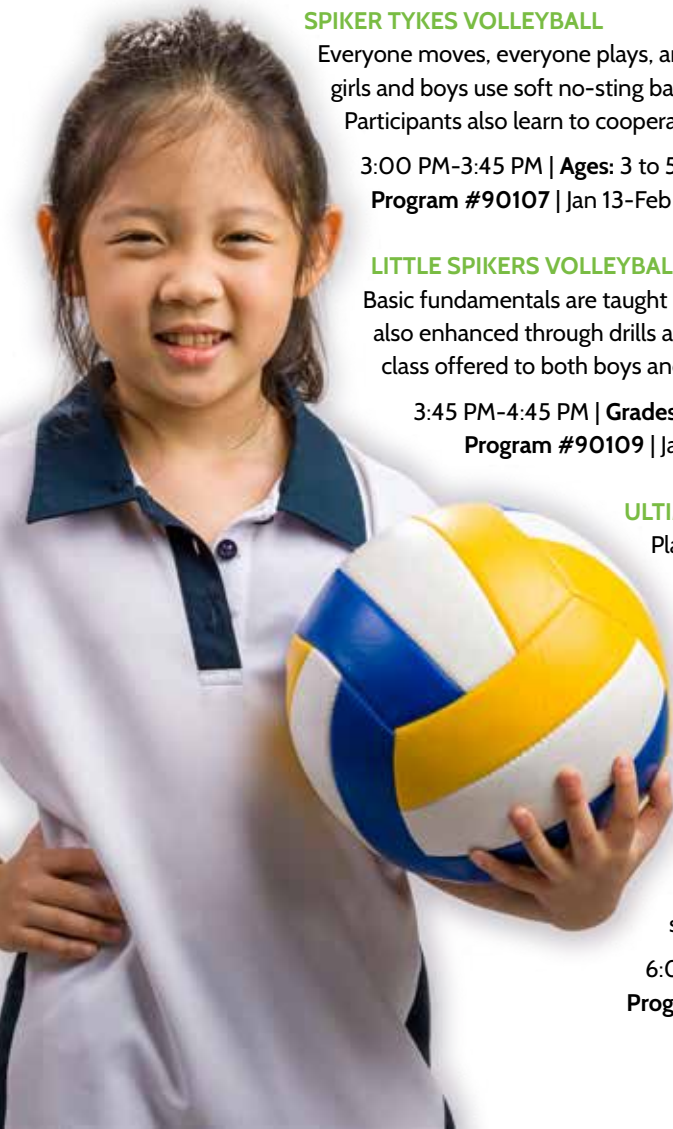
ULTIMATE VOLLEYBALL-ALL SKILLS II

As a continuation from All Skills I, players will focus on all fundamental skills, technique and repetitions through drills and games. This class will focus on the proper skills of passing, setting, attacking, digging, serving and blocking through individual skill sessions as well as match play. Players will be grouped by age and/or ability.

6:00 PM-7:30 PM | Grades: 7th to 8th | \$94(R)/\$118(NR)

Program #90113 | Jan 13-Feb 17

Program #90114 | Mar 31-May 5



INDOOR TENNIS

Challenge Tennis Academy instructors will teach the lessons under the direction of certified tennis instructors. The basic tennis strokes will be taught using age appropriate equipment.
Wednesday | Sportsplex–Gym 2 | \$74(R)/\$99(NR)

Program #90098 | Jan 13–Feb 17 | 4:00PM–4:45 PM | Ages 5 to 7

Program #90099 | Jan 13–Feb 17 | 4:45PM–5:30 PM | Ages 8 to 11

Program #90100 | Feb 24–Mar 31 | 4:00PM–4:45 PM | Ages 5 to 7

Program #90101 | Feb 24–Mar 31 | 4:45PM–5:30 PM | Ages 8 to 11

MINI DRIBBLERS BASKETBALL

Children will learn the basic fundamentals of basketball. Skills will include shooting, dribbling, and passing.

Wednesday | Ages 3–6 | Sportsplex–Gym 2 | \$49(R)/\$62(NR)/\$44(M)

Session 1: Jan 13–Mar 3

Program #90056 | 11:15 AM–12:00 PM | Level I

Program #90057 | 12:15 PM–1:00 PM | Level I

Program #90058 | 1:15 PM–2:00 PM | Level II

Session 2: Mar 31–May 19

Program #90059 | 11:15 AM–12:00 PM | Level I

Program #90060 | 12:15 PM–1:00 PM | Level I

Program #90061 | 1:15 PM–2:00 PM | Level II

PIP SQUEAK SOCCER

Basic soccer skills will be taught in this class. It is encouraged to sign your child up for both days to reinforce skills.

Sportsplex–Soccer N | \$49(R)/\$74(NR)/\$44(M)

Session 1: Jan 12–Mar 4

Program #90042 | Tues, 11:15 AM–12:00 PM | 3 to 4 | Level I

Program #90043 | Tues, 12:15 PM–1:00 PM | 3 to 6 | Level I

Program #90044 | Tues, 1:15 PM–2:00 PM | 3 to 6 | Level II

Program #90045 | Thur, 11:15 AM–12:00 PM | 3 to 4 | Level I

Program #90046 | Thur, 12:15 PM–1:00 PM | 3 to 6 | Level I

Program #90047 | Thur, 1:15 PM–2:00 PM | 3 to 6 | Level II

Session 2: Mar 30–May 20

Program #90048 | Tues, 11:15 AM–12:00 PM | 3 to 4 | Level I

Program #90049 | Tues, 12:15 PM–1:00 PM | 3 to 6 | Level I

Program #90050 | Tues, 1:15 PM–2:00 PM | 3 to 6 | Level II

Program #90051 | Thur, 11:15 AM–12:00 PM | 3 to 4 | Level I

Program #90052 | Thur, 12:15 PM–1:00 PM | 3 to 6 | Level I

Program #90053 | Thur, 1:15 PM–2:00 PM | 3 to 6 | Level II

Please see pages 24–29 in the Winter/Spring Program Guide for a complete list of classes. For more information call 708.403.5000.

DUE TO COVID-19, SOME ASPECTS OF SPORTSPLEX PROGRAMMING MAY BE ALTERED TO ENSURE A SAFE EXPERIENCE FOR ALL PARTICIPANTS. FOR THE LATEST UPDATES PLEASE FOLLOW US AT ORLANDPARKREC ON FACEBOOK, TWITTER AND INSTAGRAM AND ORLANDPARK.ORG.

This activity is not sponsored by Palo School District 118,
any of its schools or groups officially associated with the District.

