



Palos School District 118

8800 W. 119th St. | Palos Park, IL 60464 | 708-448-4800 | www.palos118.org

IMPORTANT NOTICE OF HEALTH REQUIREMENTS FOR KINDERGARTEN

ALL PHYSICAL EXAMS DUE JULY 1st

(No admittance on the first day of school without physical exam on file in health office)

The State of Illinois and Palos Consolidated School District 118 **require** that each student **provide proof** of having met the following health requirements for school:

1. **EVIDENCE OF A PHYSICAL EXAMINATION** by a State Licensed Health Care Provider (using the "Certificate of Child Health Examination" form) within one year of entering school.
2. **MEDICAL VERIFICATION OF COMPLETE IMMUNIZATION HISTORY**, which states month, day, year, and signature of the doctor or nurse for each immunization below.
 - a. DTP/DTaP: At least 4 doses (Note: Last dose MUST BE A BOOSTER AFTER THE 4th BIRTHDAY)
 - b. POLIO: At least 4 doses of the same type of Polio vaccine (Note: Last dose MUST BE A BOOSTER ON OR AFTER THE 4th BIRTHDAY)
 - c. HEPATITIS B: A series of three doses
 - d. VARICELLA: One dose on or after 12 months of age and the second dose no sooner than one month later (may have laboratory proof or verification of disease by Health Care Provider)
 - e. MEASLES: The first dose after 12 months of age and the second dose no sooner than one month later (may have laboratory proof or verification of disease by Health Care Provider)
 - f. MUMPS: One dose on or after 12 months of age and the second dose no sooner than one month later (may have laboratory proof or verification of disease by Health Care Provider)
 - g. RUBELLA: One dose on or after 12 months of age and the second dose no sooner than one month later (may have laboratory proof)
3. **MEDICAL VERIFICATION OF DIABETES SCREENING IS REQUIRED.**
4. **MEDICAL VERIFICATION OF LEAD SCREENING IS REQUIRED.** If screening determines the student is at risk, proof of blood testing, according to the Illinois Department of Public Health, is also required.
5. **APPROVAL OF PARTICIPATION IN PHYSICAL EDUCATION** near the bottom of the page must be checked by the health care provider with modifications, if needed.
6. **HEALTH HISTORY** to be completed and signed by a parent/guardian and verified by the health care provider.

Please be sure that the physical form is completed entirely BEFORE you leave the doctor's office.

7. **COMPLETED DENTAL EXAMINATION** due by **May 15th** of the school year.
8. **COMPLETED VISION EXAMINATION** due by **October 15th** of the school year.



State of Illinois Certificate of Child Health Examination

Student's Name				Birth Date	Sex	Race/Ethnicity	School /Grade Level/ID#	
Last		First		Middle		Month/Day/Year		
Address				Parent/Guardian		Telephone # Home Work		
IMMUNIZATIONS: To be completed by health care provider. The mo/da/yr for <u>every</u> dose administered is required. If a specific vaccine is medically contraindicated, a separate written statement must be attached by the health care provider responsible for completing the health examination explaining the medical reason for the contraindication.								
REQUIRED Vaccine / Dose	DOSE 1		DOSE 2		DOSE 3		DOSE 4	
	MO	DA	YR	MO	DA	YR	MO	DA
DTP or DTaP								
Tdap; Td or Pediatric DT (Check specific type)	<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT		<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT		<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT		<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT	
Polio (Check specific type)	<input type="checkbox"/> IPV <input type="checkbox"/> OPV		<input type="checkbox"/> IPV <input type="checkbox"/> OPV		<input type="checkbox"/> IPV <input type="checkbox"/> OPV		<input type="checkbox"/> IPV <input type="checkbox"/> OPV	
Hib Haemophilus influenza type b								
Pneumococcal Conjugate								
Hepatitis B								
MMR Measles Mumps. Rubella							Comments: * indicates invalid dose	
Varicella (Chickenpox)								
Meningococcal conjugate (MCV4)								
RECOMMENDED, BUT NOT REQUIRED Vaccine / Dose								
Hepatitis A								
HPV								
Influenza								
Other: Specify Immunization Administered/Dates								
Health care provider (MD, DO, APN, PA, school health professional, health official) verifying above immunization history must sign below. If adding dates to the above immunization history section, put your initials by date(s) and sign here.								
Signature				Title		Date		
Signature				Title		Date		
ALTERNATIVE PROOF OF IMMUNITY								
1. Clinical diagnosis (measles, mumps, hepatitis B) is allowed when verified by physician and supported with lab confirmation. Attach copy of lab result. *MEASLES (Rubeola) MO DA YR **MUMPS MO DA YR HEPATITIS B MO DA YR VARICELLA MO DA YR								
2. History of varicella (chickenpox) disease is acceptable if verified by health care provider, school health professional or health official. Person signing below verifies that the parent/guardian's description of varicella disease history is indicative of past infection and is accepting such history as documentation of disease. Date of Disease Signature Title								
3. Laboratory Evidence of Immunity (check one) <input type="checkbox"/> Measles* <input type="checkbox"/> Mumps** <input type="checkbox"/> Rubella <input type="checkbox"/> Varicella Attach copy of lab result. *All measles cases diagnosed on or after July 1, 2002, must be confirmed by laboratory evidence. **All mumps cases diagnosed on or after July 1, 2013, must be confirmed by laboratory evidence.								
Completion of Alternatives 1 or 3 MUST be accompanied by Labs & Physician Signature: _____ Physician Statements of Immunity MUST be submitted to IDPH for review.								

Certificates of Religious Exemption to Immunizations or Physician Medical Statements of Medical Contraindication Are Reviewed and Maintained by the School Authority.

Last First Middle				Birth Date Month/Day/ Year		Sex	School	Grade Level/ ID
HEALTH HISTORY TO BE COMPLETED AND SIGNED BY PARENT/GUARDIAN AND VERIFIED BY HEALTH CARE PROVIDER								
ALLERGIES (Food, drug, insect, other)		Yes <input type="checkbox"/> No <input type="checkbox"/>	List:		MEDICATION (Prescribed or taken on a regular basis.)		Yes <input type="checkbox"/> No <input type="checkbox"/>	List:
Diagnosis of asthma?		Yes <input type="checkbox"/> No <input type="checkbox"/>	Child wakes during night coughing?		Loss of function of one of paired organs? (eye/ear/kidney/testicle)		Yes <input type="checkbox"/> No <input type="checkbox"/>	
Birth defects?		Yes <input type="checkbox"/> No <input type="checkbox"/>			Hospitalizations? When? What for?		Yes <input type="checkbox"/> No <input type="checkbox"/>	
Developmental delay?		Yes <input type="checkbox"/> No <input type="checkbox"/>			Surgery? (List all.) When? What for?		Yes <input type="checkbox"/> No <input type="checkbox"/>	
Blood disorders? Hemophilia, Sickle Cell, Other? Explain.		Yes <input type="checkbox"/> No <input type="checkbox"/>			Serious injury or illness?		Yes <input type="checkbox"/> No <input type="checkbox"/>	
Diabetes?		Yes <input type="checkbox"/> No <input type="checkbox"/>			TB skin test positive (past/present)?		Yes* <input type="checkbox"/> No <input type="checkbox"/>	*If yes, refer to local health department.
Head injury/Concussion/Passed out?		Yes <input type="checkbox"/> No <input type="checkbox"/>			TB disease (past or present)?		Yes* <input type="checkbox"/> No <input type="checkbox"/>	
Seizures? What are they like?		Yes <input type="checkbox"/> No <input type="checkbox"/>			Tobacco use (type, frequency)?		Yes <input type="checkbox"/> No <input type="checkbox"/>	
Heart problem/Shortness of breath?		Yes <input type="checkbox"/> No <input type="checkbox"/>			Alcohol/Drug use?		Yes <input type="checkbox"/> No <input type="checkbox"/>	
Heart murmur/High blood pressure?		Yes <input type="checkbox"/> No <input type="checkbox"/>			Family history of sudden death before age 50? (Cause?)		Yes <input type="checkbox"/> No <input type="checkbox"/>	
Dizziness or chest pain with exercise?		Yes <input type="checkbox"/> No <input type="checkbox"/>			Dental <input type="checkbox"/> Braces <input type="checkbox"/> Bridge <input type="checkbox"/> Plate <input type="checkbox"/> Other			
Eye/Vision problems? _____ Glasses <input type="checkbox"/> Contacts <input type="checkbox"/> Last exam by eye doctor _____				Other concerns? (crossed eye, drooping lids, squinting, difficulty reading)				
Ear/Hearing problems?		Yes <input type="checkbox"/> No <input type="checkbox"/>			Information may be shared with appropriate personnel for health and educational purposes.			
Bone/Joint problem/injury/scoliosis?		Yes <input type="checkbox"/> No <input type="checkbox"/>			Parent/Guardian Signature _____ Date _____			
PHYSICAL EXAMINATION REQUIREMENTS Entire section below to be completed by MD/DO/APN/PA HEAD CIRCUMFERENCE if < 2-3 years old HEIGHT WEIGHT BMI BMI PERCENTILE B/P								
DIABETES SCREENING (NOT REQUIRED FOR DAY CARE) BMI>85% age/sex Yes <input type="checkbox"/> No <input type="checkbox"/> And any two of the following: Family History Yes <input type="checkbox"/> No <input type="checkbox"/> Ethnic Minority Yes <input type="checkbox"/> No <input type="checkbox"/> Signs of Insulin Resistance (hypertension, dyslipidemia, polycystic ovarian syndrome, acanthosis nigricans) Yes <input type="checkbox"/> No <input type="checkbox"/> At Risk Yes <input type="checkbox"/> No <input type="checkbox"/>								
LEAD RISK QUESTIONNAIRE: Required for children age 6 months through 6 years enrolled in licensed or public school operated day care, preschool, nursery school and/or kindergarten. (Blood test required if resides in Chicago or high risk zip code.)								
Questionnaire Administered? Yes <input type="checkbox"/> No <input type="checkbox"/> Blood Test Indicated? Yes <input type="checkbox"/> No <input type="checkbox"/> Blood Test Date _____ Result _____								
TB SKIN OR BLOOD TEST Recommended only for children in high-risk groups including children immunosuppressed due to HIV infection or other conditions, frequent travel to or born in high prevalence countries or those exposed to adults in high-risk categories. See CDC guidelines. http://www.cdc.gov/tb/publications/factsheets/testing/TB_testing.htm . No test needed <input type="checkbox"/> Test performed <input type="checkbox"/> Skin Test: Date Read _____ Result: Positive <input type="checkbox"/> Negative <input type="checkbox"/> mm _____ Blood Test: Date Reported _____ Result: Positive <input type="checkbox"/> Negative <input type="checkbox"/> Value _____								
LAB TESTS (Recommended)		Date	Results				Date	Results
Hemoglobin or Hematocrit					Sickle Cell (when indicated)			
Urinalysis					Developmental Screening Tool			
SYSTEM REVIEW	Normal <input type="checkbox"/>	Comments/Follow-up/Needs			Normal <input type="checkbox"/>	Comments/Follow-up/Needs		
Skin				Endocrine				
Ears		Screening Result:		Gastrointestinal				
Eyes		Screening Result:		Genito-Urinary		LMP		
Nose				Neurological				
Throat				Musculoskeletal				
Mouth/Dental				Spinal Exam				
Cardiovascular/HTN				Nutritional status				
Respiratory		<input type="checkbox"/> Diagnosis of Asthma		Mental Health				
Currently Prescribed Asthma Medication: <input type="checkbox"/> Quick-relief medication (e.g. Short Acting Beta Agonist) <input type="checkbox"/> Controller medication (e.g. inhaled corticosteroid)				Other				
NEEDS/MODIFICATIONS required in the school setting				DIETARY Needs/Restrictions				
SPECIAL INSTRUCTIONS/DEVICES e.g. safety glasses, glass eye, chest protector for arrhythmia, pacemaker, prosthetic device, dental bridge, false teeth, athletic support/cup								
MENTAL HEALTH/OTHER Is there anything else the school should know about this student? If you would like to discuss this student's health with school or school health personnel, check title: <input type="checkbox"/> Nurse <input type="checkbox"/> Teacher <input type="checkbox"/> Counselor <input type="checkbox"/> Principal								
EMERGENCY ACTION needed while at school due to child's health condition (e.g., seizures, asthma, insect sting, food, peanut allergy, bleeding problem, diabetes, heart problem)? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, please describe.								
On the basis of the examination on this day, I approve this child's participation in _____ (If No or Modified please attach explanation.) PHYSICAL EDUCATION Yes <input type="checkbox"/> No <input type="checkbox"/> Modified <input type="checkbox"/> INTERSCHOLASTIC SPORTS Yes <input type="checkbox"/> No <input type="checkbox"/> Modified <input type="checkbox"/>								
Print Name		(MD,DO, APN, PA)			Signature		Date	
Address				Phone				

INSTRUCTIONS FOR COMPLETING

ILLINOIS CERTIFICATE OF RELIGIOUS EXEMPTION TO REQUIRED IMMUNIZATIONS AND/OR EXAMINATIONS FORM

Who may use the Certificate of Religious Exemption to Required Immunizations and/or Examinations Form:

- Parents or legal guardians who are requesting a religious exemption to immunizations or examinations **must** use this form for students entering kindergarten, sixth, or ninth grades.
- A separate form must be used for **each child** with a religious exemption enrolled to enter any public, charter, private or parochial preschool, kindergarten, elementary or secondary school.
- This form may not be used for exemptions from immunizations and/or examination for personal or philosophical reasons. Illinois law does not allow for such exemptions. (See excerpts below from Public Act 099-0249 enacted August 3, 2015 at page bottom.)

When use of this form becomes required: October 16, 2015

How to complete the Certificate of Religious Exemption to Required Immunizations and/or Examinations Form:

- Complete the Parent/Guardian sections, which include key information about the student and the school the student will be entering, and the immunizations or examinations for which religious exemption is being requested. Provide a statement of religious belief(s) **for each vaccination/examination requested**.
- The form must be signed by the child's parent or legal guardian **AND** the child's health care provider* **responsible for performing the child's health examination**.
- Submit the completed form to local school authority on or before October 15th of the school year, or by an earlier enrollment date established by a school district.

Religious Exemption from Immunizations and/or Examination Form Process:

- The local school authority is responsible for determining whether the information supplied on the Certificate of Religious Exemption to Required Immunizations and/or Examinations Form constitutes a valid religious objection.
- The local school authority shall inform the parent or legal guardian, at the time that the exemption is presented, of exclusion procedures, should there be an outbreak of one or more diseases from which the student is not protected, in accordance with the Illinois Department of Public Health (IDPH) rules, Control of Communicable Diseases Code (77 Ill. Adm. Code 690).
- Exempting a child from health, dental, or eye examination does not exempt the child from participation in the program of physical education training provided in Section 27-5 through 27-7 of the Illinois School Code [105 ILCS 5/27-5 through 105 ILCS 5/27-7]. A separate request for exemption from physical education, if desired, would need to be presented.

Excerpt from Public Act 099-0249 enacted August 3, 2015:

Children of parents or legal guardians who object to health, dental, or eye examinations or any part thereof, or to immunizations or to vision and hearing screening tests on religious grounds shall not be required to undergo the examinations or immunizations if the parents or legal guardians present to the appropriate local school authority a signed Certificate of Religious Exemption detailing the grounds for objection and the specific immunizations and/or examinations to which they object. The grounds for objection must set forth the specific religious belief(s) that conflict with the examination, immunization, or other medical intervention. The certificate will be signed by the parent or legal guardian to confirm their awareness of the school's exclusion policies in the case of a vaccine preventable disease outbreak or exposure. The certificate must also be signed by the child's health care provider responsible for performing the child's examination for entry into kindergarten, sixth or ninth grade. This signature affirms that the provider educated the parent or legal guardian about the benefits of immunization and the health risks to the student and to the community from the communicable diseases for which immunization is required in Illinois.

The religious objection provided need not be directed by the tenets of an established religious organization. However, general philosophical or moral reluctance to allow physical examinations, eye examinations, immunizations, vision and hearing screening or dental examinations will not provide a sufficient basis for an exception to statutory requirements. The local school authority is responsible for determining if the content of the Certificate of Religious Exemption constitutes a valid religious objection.

The local school authority shall inform the parent or legal guardian of exclusion procedures in accordance with IDPH's rules, Control of Communicable Diseases Code (77 Ill. Adm. Code 690) at the time the objection is presented.

**ILLINOIS CERTIFICATE OF RELIGIOUS EXEMPTION
TO REQUIRED IMMUNIZATIONS AND/OR EXAMINATIONS FORM**

PARENT OR LEGAL GUARDIAN - COMPLETE THIS SECTION

Note: This form is required for all students entering kindergarten, sixth or ninth grades when parent(s) or legal guardian(s) is requesting a religious exemption on or after October 16, 2015. This form also must be submitted to request religious exemption for any student enrolling to enter any public, charter, private or parochial preschool, kindergarten, elementary or secondary school on or after October 16, 2015.

This form may NOT be used for personal or philosophical reasons. Illinois law does not allow for such exemptions.

Student Name: (last, first, middle) <hr/>	Student Date of Birth: Month Day Year <hr/>	School Name: <hr/>	Grade: _____
Parent/Guardian Name: <hr/>	Gender: <input type="checkbox"/> M <input type="checkbox"/> F	City: _____	
Address: <hr/>	Telephone Number(s): <hr/>	Exemption requested for (mark all that apply): <input type="checkbox"/> Hepatitis B <input type="checkbox"/> DTaP <input type="checkbox"/> Polio <input type="checkbox"/> Hib <input type="checkbox"/> Pneumococcal <input type="checkbox"/> MMR <input type="checkbox"/> Varicella <input type="checkbox"/> Td/Tdap <input type="checkbox"/> Meningococcal <input type="checkbox"/> Health Exam <input type="checkbox"/> Eye Exam <input type="checkbox"/> Dental Exam <input type="checkbox"/> Vision/Hearing Tests <input type="checkbox"/> Other (indicate below) <hr/>	

To receive an exemption to vaccination/examination, a parent or legal guardian must provide a statement detailing the religious beliefs that prevent the child from receiving each required school vaccinations/examination being requested.

In the space provided below, state each vaccination or examination exemption requested and state the religious grounds for each request. If additional space is needed, attach additional page(s).

Religious Exemption Notice:

No student is required to have an immunization/examination that is contrary to the religious beliefs of his/her parent or legal guardian. However, not following vaccination recommendations may endanger the health or life of the unvaccinated student, others with whom they come in contact, and individuals in the community. In a disease outbreak, or after exposure to any of the diseases for which immunization is required, schools may exclude children who are not vaccinated in order to protect all students.

I have read the Religious Exemption Notice (above) and have provided requested information for each vaccination/examination being requested for religious exemption.

Signature of parent or legal guardian (required)

Date

HEALTH CARE PROVIDER* – COMPLETE THIS SECTION

Provision of information: I have provided the parent or legal guardian of the student named above, with information regarding **1) the required examinations, 2) the benefits of immunization, and 3) the health risks to the student and to the community from the communicable diseases for which immunization is required in Illinois.** I understand that my signature only reflects that this information was provided; I am not affirming the parent or legal guardian's religious beliefs regarding any examination, immunization or immunizing agent.

Signature of health care provider*

Date: _____
(Must be within 1 year prior to school entry)

Health Care Provider Name:

Address:

Telephone #: _____

*Health care provider responsible for performing child's health examination includes physicians licensed to practice medicine in all of its branches, advanced practice nurses, or physician assistants.



PROOF OF SCHOOL DENTAL EXAMINATION FORM

Illinois law (Child Health Examination Code, 77 Ill. Adm. Code 665) states all children in kindergarten and the second, sixth and ninth grades of any public, private or parochial school shall have a dental examination. The examination must have taken place within 18 months prior to May 15 of the school year. A licensed dentist must complete the examination, sign and date this Proof of School Dental Examination Form. If you are unable to get this required examination for your child, fill out a separate Dental Examination Waiver Form.

This important examination will let you know if there are any dental problems that need attention by a dentist. Children need good oral health to speak with confidence, express themselves, be healthy and ready to learn. Poor oral health has been related to lower school performance, poor social relationships, and less success later in life. For this reason, we thank you for making this contribution to the health and well-being of your child.

To be completed by the parent or guardian (please print):

Student's Name:	Last	First	Middle	Birth Date: (Month/Day/Year)
Address:	Street	City	ZIP Code	
Name of School:	ZIP Code	Grade Level:	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	
Parent or Guardian:	Last Name	First Name		
Student's Race/Ethnicity: <input type="checkbox"/> White <input type="checkbox"/> Black/African American <input type="checkbox"/> Hispanic/Latino <input type="checkbox"/> Asian <input type="checkbox"/> Native American <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> Multi-racial <input type="checkbox"/> Unknown <input type="checkbox"/> Other _____				

To be completed by dentist:

Date of Most Recent Examination: _____ (Check all services provided at this examination date)
☐ Dental Cleaning ☐ Sealant ☐ Fluoride treatment ☐ Restoration of teeth due to caries

Oral Health Status (check all that apply)

☐ Yes ☐ No **Dental Sealants Present on Permanent Molars**

☐ Yes ☐ No **Caries Experience / Restoration History** — A filling (temporary/permanent) OR a tooth that is missing because it was extracted as a result of caries OR missing permanent 1st molars.

☐ Yes ☐ No **Untreated Caries** — At least 1/2 mm of tooth structure loss at the enamel surface. Brown to dark-brown coloration of the walls of the lesion. These criteria apply to pit and fissure cavitated lesions as well as those on smooth tooth surfaces. If retained root, assume that the whole tooth was destroyed by caries. Broken or chipped teeth, plus teeth with temporary fillings, are considered sound unless a cavitated lesion is also present.

☐ Yes ☐ No **Urgent Treatment** — abscess, nerve exposure, advanced disease state, signs or symptoms that include pain, infection, or swelling.

Treatment Needs (check all that apply). For Head Start Agencies, please also list appointment date or date of most recent treatment completion date.

☐ **Restorative Care** — amalgams, composites, crowns, etc.

Appointment Date: _____

☐ **Preventive Care** — sealants, fluoride treatment, prophylaxis

Appointment Date: _____

☐ **Pediatric Dentist Referral Recommended**

Treatment Completion Date: _____

Additional comments: _____

Signature of Dentist _____ License #: _____ Date: _____





State of Illinois
Illinois Department of Public Health

DENTAL EXAMINATION WAIVER FORM

Please print:

Student's Name: Last First Middle			Birth Date: (Month/Day/Year)
Address: Street		City	ZIP Code
Name of School: ZIP Code		Grade Level:	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female
Parent or Guardian: Last Name		First Name	
Student's Race/Ethnicity: <input type="checkbox"/> White <input type="checkbox"/> Black/African American <input type="checkbox"/> Hispanic/Latino <input type="checkbox"/> Asian <input type="checkbox"/> Native American <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> Multi-racial <input type="checkbox"/> Unknown <input type="checkbox"/> Other _____			

I am unable to obtain the required dental examination because:

- ☐ My child is enrolled in the free and reduced lunch program and is not covered by private or public dental insurance (Medicaid / All Kids).
- ☐ My child is enrolled in the free and reduced lunch program and is ineligible for public insurance (Medicaid / All Kids).
- ☐ My child is enrolled Medicaid / All Kids, but we are unable to find a dentist or dental clinic in our community that is able to see my child and will accept Medicaid / All Kids.
- ☐ My child does not have any type of dental insurance, and there are no low-cost dental clinics in our community that will see my child.

Parent or Guardian Signature _____ Date: _____

Illinois Department of Public Health, Division of Oral Health
217-785-4899 • TTY (hearing impaired use only) 800-547-0466 • www.dph.illinois.gov





State of Illinois Eye Examination Report

Illinois law requires that proof of an eye examination by an optometrist or physician (such as an ophthalmologist) who provides eye examinations be submitted to the school no later than October 15 of the year the child is first enrolled or as required by the school for other children. The examination must be completed within one year prior to the first day of the school year the child enters the Illinois school system for the first time. The parent of any child who is unable to obtain an examination must submit a waiver form to the school.

Student Name _____
(Last) (First) (Middle Initial)
Birth Date _____ Gender _____ Grade _____
(Month/Day/Year)
Parent or Guardian _____
(Last) (First)
Phone _____
(Area Code)
Address _____
(Number) (Street) (City) (ZIP Code)
County _____

To Be Completed By Examining Doctor

Case History

Date of exam _____
Ocular history: ☐ Normal or Positive for _____
Medical history: ☐ Normal or Positive for _____
Drug allergies: ☐ NKDA or Allergic to _____
Other information _____

Examination

	Distance			Near
	Right	Left	Both	Both
Uncorrected visual acuity	20/	20/	20/	20/
Best corrected visual acuity	20/	20/	20/	20/

Was refraction performed with dilation? ☐ Yes ☐ No

	Normal	Abnormal	Not Able to Assess	Comments
External exam (lids, lashes, cornea, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Internal exam (vitreous, lens, fundus, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Pupillary reflex (pupils)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Binocular function (stereopsis)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Accommodation and vergence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Color vision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Glaucoma evaluation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Oculomotor assessment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Other _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

NOTE: "Not Able to Assess" refers to the inability of the child to complete the test, not the inability of the doctor to provide the test.

Diagnosis

☐ Normal ☐ Myopia ☐ Hyperopia ☐ Astigmatism ☐ Strabismus ☐ Amblyopia

Other _____



Recommendations

1. Corrective lenses: ☐ No ☐ Yes, glasses or contacts should be worn for:
☐ Constant wear ☐ Near vision ☐ Far vision
☐ May be removed for physical education

2. Preferential seating recommended: ☐ No ☐ Yes

Comments _____

3. Recommend re-examination: ☐ 3 months ☐ 6 months ☐ 12 months
☐ Other _____

4. _____

5. _____

Print name _____
Optometrist or physician (such as an ophthalmologist)
who provided the eye examination ☐ MD ☐ OD ☐ DO

License Number _____

Address _____

Phone _____

Consent of Parent or Guardian

I agree to release the above information on my child
or ward to appropriate school or health authorities.

(Parent or Guardian's Signature)

(Date)

Signature _____ Date _____

(Source: Amended at 32 Ill. Reg. _____, effective _____)



Eye Examination Waiver Form

Please print:

Student Name _____ Birth Date _____
(Last) (First) (Middle Initial) (Month/Day/Year)

School Name _____ Grade Level _____ Gender: ☐ Male ☐ Female

Address _____
(Number) (Street) (City) (ZIP Code)

Phone _____
(Area Code)

Parent or Guardian _____
(Last) (First)

Address of Parent or Guardian _____
(Number) (Street) (City) (ZIP Code)

I am unable to obtain the required vision examination because:

- ☐ My child is enrolled in medical assistance/ALL KIDS, but we are unable to find a medical doctor who performs eye examinations or an optometrist in the community who is able to examine my child and accepts medical assistance/ALL KIDS.
- ☐ My child does not have any type of medical or vision/eye care coverage, my child does not qualify for medical assistance/ALL KIDS, there are no low-cost vision/eye clinics in our community that will see my child, and I have exhausted all other means and do not have sufficient income to provide my child with an eye examination.
- ☐ Other undue burden or a lack of access to an optometrist or to a physician who provides eye examinations:

Signature _____ Date _____

(Source: Added at 32 Ill. Reg. _____, effective _____)



Colleen Grant Schumann, RN
Supervisor
Palos Township

10802 S. Roberts Road
 Palos Hills, Illinois 60465

Office (708) 598-4418
 Fax (708) 598-4473
 Health Service (708) 598-2441
 Fax (708) 598-2717

Health Service

HEALTH SERVICE HOURS

MONDAY & FRIDAY	8:00 AM – 3:00 PM
TUESDAY & THURSDAY	12:00 PM – 7:00 PM
WEDNESDAY	2:00 PM – 6:30 PM

PHYSICIAN HOURS

9:00 AM – 3:00 PM
2:00 PM – 7:00 PM
2:30 PM – 6:30 PM

Blood Pressure Monitoring: Let us help you keep track of your blood pressure. Come in anytime during Health service hours. **Free of charge.**

Physical Examinations: Our physicians will perform basic school, camp, or employment physicals. Call for an appointment. A complete shot record is necessary for exam. **Resident fee \$25.**

Illness: No sick visit appointments until further notice due to COVID-19.

Immunizations: Available from infancy through age 18 as recommended by the State of Illinois for those meeting federal program requirements. **\$10 administration fee per injection. Residents only.**

Strep Screens: If determined necessary by our physician. **Resident fee \$25.**

Diabetes Monitoring: Fasting blood sugars are done Monday and Friday mornings from 8am to 9:30am without appointment. Do NOT eat or drink after midnight. **Resident fee \$5 Non-resident fee \$10**

Cholesterol Testing: For Total Cholesterol, High Density (HDL), Low Density (LDL), Ratios, Glucose & Triglyceride values. Do NOT eat or drink after midnight. **Resident fee \$40. Non-resident fee \$50**

Hemoglobin A1C: For diabetics, reflects the average blood sugar level over the previous 2-3 months. No fasting is necessary. **Resident fee \$15. Non-resident fee \$20**

TB Testing: Mantoux skin test. Must be able to return to the clinic in 48-72 hours for test to be read. Call for an appointment. **Resident fee \$20.**

Foot Care: Nail cutting is available to Senior Citizens six days each month. **By Appointment ONLY.** **Free of charge.**

ALL FEES ARE CASH ONLY. No insurance is accepted or filed.
Our physicians cannot be your primary care provider.
Services by appointment only unless noted.

**Services are available to
 Residents of Palos Township only unless otherwise stated.**

Palos Township Health Service

10802 South Roberts Rd • Palos Hills •IL • 708-598-2441

For the Current Residents of Palos Township • Call for an appointment

CURRENT FEES

- ❖ **PHYSICALS:** fee of \$25
- ❖ **SICK VISITS:** Unavailable until further notice.
- ❖ **SHOTS:** administration fee of \$10 per shot
(for those meeting federal program requirements)
- ❖ **VITAMIN B12:(current Dr prescription required)** fee of \$10
- ❖ **TB tests:** fee of \$20
- ❖ **STREP SCREENS:** fee of \$25
- ❖ **DIABETES MONITORING:** fee of \$5
- ❖ **CHOLESTECH (including cholesterol values):**
resident fee of \$40 non-resident fee of \$50
- ❖ **HEMOGLOBIN A1C:** resident fee of \$15
non-resident fee of \$20

ALL FEES ARE CASH ONLY.

NO INSURANCE WILL BE ACCEPTED OR FILED.

***Palos Township Health Service Physicians
CANNOT be your primary care physician.***



Clinic Appointment Information

All Cook County Department of Public Health clinical services are conducted by appointment only. Eligibility requirements may apply and will be discussed when you call to make your appointment.

To make an appointment at one of our four clinics nearest your home, please call one of the following four numbers and an operator will assist you.

General Clinical Services

847-818-2860

TDD: 847-818-2023

708-786-4000

TDD: 708-786-4002

708-974-6160

TDD: 708-974-6043

708-232-4500

TDD: 708-232-4010

Tuberculosis (TB) Clinics

To make an appointment for at a CCDPH TB clinic or to report a case of Tuberculosis, call the number below. The operator will assist you in making an appointment at one of the four above-listed clinics.

708-836-8600

Additional Services

Breast & Cervical Cancer Screening

Medical/Immunization Records

Prenatal Program

Public Health Nursing

Tuberculosis

Vision and Hearing Screening

WORTH TOWNSHIP CLINIC A PREVENTATIVE CLINIC
11601 SOUTH PULASKI ROAD • ALSIP, ILLINOIS 60803 • PHONE: 708-371-3393 FAX: 708-371-2542

SCHOOL, SPORT, and CAMP PHYSICALS *
IMMUNIZATIONS • FLU (When available)
FREE BLOOD PRESSURE CHECKS
PODIATRY SERVICES (preventative)*



*APPOINTMENTS REQUIRE FOR PHYSICALS

A parent must accompany all children under the age of 18. If coming in for an immunization, please bring a record of all previous immunizations or a letter from the school specifying what immunizations need to be given. We now offer services to non-residents of Worth Township at an increased cost. Proper Identification is a Driver's License and/or utility bill which must be provided at the time of visit.

CLINIC RATES • CASH or CHECK ONLY

	Resident	Non-Resident		Resident	Non-Resident
School / Sports Physicals	\$25	\$40	Children's Immunizations (each)	\$10	\$20
Work Physicals	\$25	\$40	TB Skin Test	\$20	\$20
Camp Physicals	\$25	\$40	Podiatry (Preventative)	\$25	\$40
Blood Pressure Check	FREE		Extra Forms	\$5	\$5

CLINIC HOURS

Monday, Tuesday, & Thursday: 9:00am - 3:30pm

Wednesday: 9:00am - 6:30pm

Friday- Closed*

*(Open Fridays in August for back to school rush: 9:00am-3:30pm)

Any patient with a medical condition or history such as, but not limited to: ASTHMA, SEIZURES, A.D.D., DIABETES, HEART CONDITIONS, OR FRACTURES must have written clearance from their doctor prior to examination at Worth Township Clinic.

The Township Clinic does not accept Public Aid, All Care, or any other type of insurance. Due to recent changes by the State of Illinois, Worth Township can only provide vaccines to children without insurance, anyone receiving MEDICAID (Title 19) or anyone who is a NATIVE AMERICAN or an ALASKAN NATIVE.

Revised March 2018